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FOR IMMEDIATE RELEASE
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**SCHOOLS OUT, TIME TO DANCE AT THE ODC SCHOOL YOUTH & TEEN PROGRAM
SUMMER SESSIONS JUNE 5 - AUGUST 1**

Recommending Five Servings of Dance a Week!

This summer ODC School Youth & Teen Program is offering a variety of dance classes for youth ages 2-14, as well as the Teen Performance Lab for teens ages 13-18. From creative movement for young dancers to concentrated technique classes in ballet and contemporary for both beginning and experienced students, there's something for everyone, building strong, healthy, creative individuals one dance class at a time. Sessions take place between June 5 and August 1 and enrollment is currently open. To register, contact ODC School Registrar Taylor Ullery at taylor@odcschool.org or 415-863-9830 x220.

From June 5 - August 1, the eight-week session offers Little Bears Music & Dance, creative movement, pre-ballet and youth hip hop classes for youth ages 2-12. The four-week session is July 5 - 30, with classes in contemporary, ballet, global and choreography for students ages 8-14.

"The ODC Youth Program offers an innovative and engaging environment for my boys to express themselves in a safe and friendly place. They love to choreograph and perform!" said parent Holly Hale.

In addition, the three-week Teen Performance Lab offers intensive training to teens ages 13-18 from June 21 - July 9. In the lab, students have the opportunity to choreograph their own movement and experience a variety of technique classes including contemporary, African, post-modern partnering, and Bhangra/Bollywood. The esteemed faculty includes former ODC company members Brian Fisher and Yukie Fujimoto, African teacher Rashad Pridgen, and Bhangra/Bollywood teacher Joti Singh. This year noted local choreographer Erika Chong Shuch will be creating a performance piece incorporating dance, music, text/spoken word, and visual art. Students participate actively in the creative process which culminates in a dynamic performance at the end of the session. Teen Lab students must have at least 2-3 years of technical dance training.

For more information about the summer sessions and enrollment, visit www.odcschool.org/youthsummerprograms.

Catch a glimpse of the ODC School Youth and Teen Program classes in action:

Photos: <http://odcdance.org/photogallery.php?param=20>

Video: <http://odcdance.org/videogallery.php?param=93>

The ODC School Youth and Teen Program provides students of all ages the opportunity to experience dance in a context that values the individual and the creative process. It is a dance program dedicated to high quality technical training within a non-competitive environment and offers access to many forms of dance. Our curriculum caters to each student's strengths and is designed to encourage creative expression and a positive body image. The program exposes and connects students to ODC/Dance, a world-class modern dance company, ODC Theater, a presenter of cutting-edge dance, theater and music and the Rhythm & Motion Dance Program, which offers myriad multicultural dance opportunities. It is a nurturing, exciting and dynamic setting for students who seek either sheer enjoyment or a career in dance. www.odcschool.org

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